Specialist Courses

{mosimage}Two or three times a year, courses are offered on specific aspects of Shiatsu. These are held at the Ceridwen Centre, www.ceridwencentre.co.uk and are residential.

Sample subjects include:

- The Joints and How to Treat them
- Menopause: Gateway of Change
- Working with Shiatsu: A Trip around the Body
- Developing our Ki perception

You can find information about forthcoming courses in the Forthcoming Events section.